



Springdale Primary **CONTACT**

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Assistant Year Head's (Lower Primary) Message

As we conclude another enriching term, I am grateful for the incredible journey we have shared.

Our focus on "Be a Better Me!" has empowered students to embrace personal growth as they explore ways to enhance well-being and cultivate positive habits. A highlight of this semester has been the introduction of Whole Body Listening and Mindful Breathing. Students have learned to listen with their minds, hearts and bodies, and to foster calm through mindful breathing. This has transformed their ability to focus, communicate and regulate emotions. They are becoming more mindful and empathetic individuals, capable of handling life's challenges with grace and resilience.

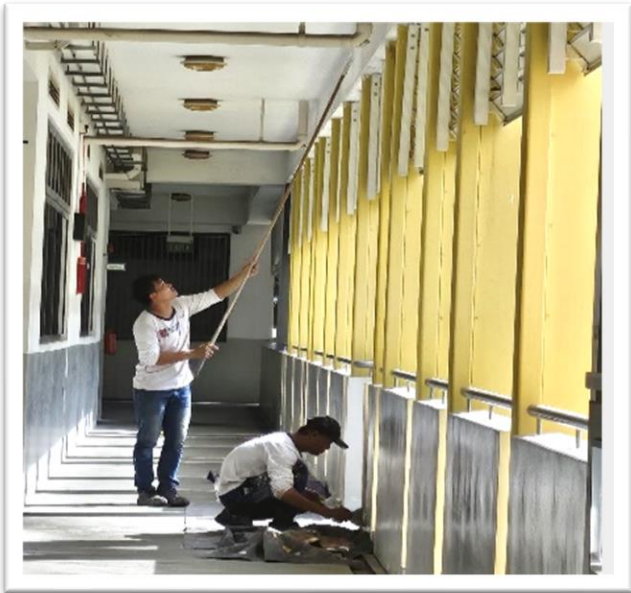
As we look ahead to the well-deserved break, let's continue using these strategies to become the best versions of ourselves. Wishing everyone a restful holiday, filled with laughter, love and cherished memories.

Mrs Kym Yap

**Every Springdalite a secure individual,
a leader of self-worth and a significant citizen**

Our Appreciation to the Painters

We all appreciate a pleasant environment to study and work in. Thanks to the painters who have been hard at work braving the hot sun every day, Springdale Primary has been given a fresh facelift with bright and inspiring colors. To thank them, Springdalites took the time to pen down special thank-you notes. Thank you for making our school so colourful, dear painters!



Thank you for painting our school with such vibrant colours!



Thank-you notes from Springdalites.

Hari Raya Celebration

The school celebrated Hari Raya with a concert on 12 April. Springdalites learned about the significance of Hari Raya and the importance of staying connected in the digital age. The lively performance had everyone buzzing with excitement, especially when some students were invited to join the show.



Engaging the audience through a Hari Raya play.



Teachers performing to the crowd-favorite Hari Raya song 'Alamak Raya Lagi'.

Springdalites also participated in various recess activities, including crafting Hari Raya money packets, making lanterns, writing wishes on Hari Raya cards and singing festive songs played during recess. These activities further enhanced the celebratory atmosphere.



Springdalites crafting Hari Raya money packets and writing wishes on Hari Raya cards.

Mother Tongue Language Fortnight

The Mother Tongue Language (MTL) Fortnight aims to engage students with learning experiences beyond the textbooks to make the learning of MTL fun and meaningful.

This year, the two-week programme was organised from 18 March to 28 March. It offered students a hands-on opportunity to learn and appreciate their Mother Tongue Languages and cultures.



Learning symbolisms of traditional masks



Sichuan face-changing performance



Learning the traditional Malay dance, *Tarian Zapin*

Our Springdalites took part in a variety of activities such as learning traditional crafts (Oriental landscape modelling, mask painting, *Songket-motif designing* etc), playing cultural games, experiencing performing arts performance (Sichuan face-changing performance and *Tarian Zapin*) and appreciating literature (storytelling and poetry), gaining deeper understanding of tradition, festivals and history.



Having fun dressing up in traditional clothes.



Songket-motif designing



Oriental landscape modelling



Mask making



Learning about culture through games.

International Friendship Day 2024



Engaging Springdalites in an assembly activity.

Our school commemorated International Friendship Day (IFD) on 5 April. The theme for this year is ‘Singapore in Asia’. By celebrating diversity and promoting friendship, we hope Springdalites will learn to recognize each other’s uniqueness as strengths.



During assembly, students watched a play about a tortoise and a hare becoming friends and working together to win a race. During recess, students participated in activities to learn more about Lao People's Democratic Republic, the ASEAN country that is holding the current chairmanship.



Earth Day Celebration 2024

In partnership with Alba Waste Management, the school had our first e-waste recycling drive. Springdalites attended an insightful assembly talk by a representative from Alba Waste Management to learn more about the importance of recycling and proper e-waste disposal.



Springdalites penning their Earth Day Pledge.



Students playing games made from recyclable materials.



During recess, students participated in a variety of engaging activities organised by our Green Club CCA, supported by our parent volunteers. They also penned their Earth Day Pledge to play a part for the environment. Students also enjoyed playing games created using recyclable materials, which not only provided fun but also reinforced the message of sustainability and environmental responsibility.

Singapore Amazing Flying Machine Competition

Our Springdalites participated in the Singapore Amazing Flying Machine Competition 2024 on 25 March at the Singapore Science Centre.



They prepared very hard for the competition and their efforts paid off when they won three awards! One team was even selected as the static display team to present to the guests during the Awards Ceremony. It had been a great learning experience for our Springdalites and we are very proud of their excellent achievements!



The team won 2nd place in the Championship Award



The team won 2nd place in the Time Aloft Award



The team won 3rd place in the Presentation Award

Participants presenting in front of the judges.



Participants designed and folded paper planes to achieve the longest, the furthest and the best boomerang flight.

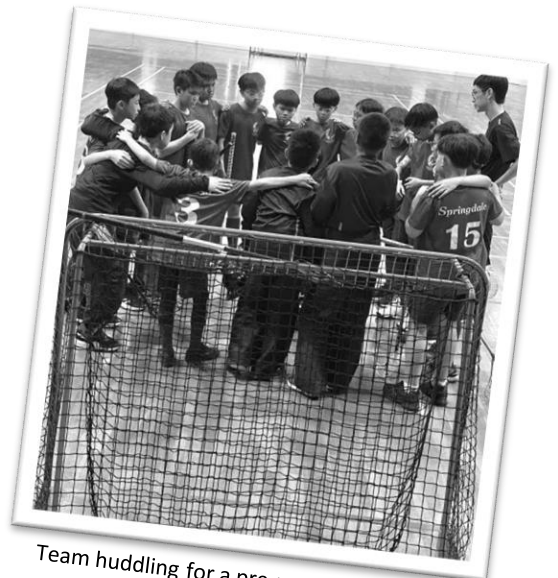


NSG Floorball Competition



Team presenting their award to the Vice-Principal, Mr Kelvin Ho.

Our senior boys' floorball team recently competed in League 2 of the National School Games under the new competition format. Through teamwork and determination, they advanced to the knock-out round held at Our Tampines Hub. The team emerged as runners-up, marking our best ever result in the Senior Division competition.



Team huddling for a pre-match pep talk.



We are incredibly proud of our boys for their outstanding achievement and their dedication to the sport. Congratulations to our talented athletes for this remarkable accomplishment!

Singapore Youth Festival (SYF) Arts Presentation

In April, the Springdale Choir and International Dance CCA took the stage at the Singapore Youth Festival (SYF) Arts Presentation.

The SYF Arts Presentation is a biennial platform to celebrate youth vitality through the showcasing of diverse artistic talents and creativity.



Springdale Choir ready to hit the notes.



Springdale International Dance team ready to take the stage.



Performance by Springdale International Dance team.

Our Choir CCA achieved a Certificate of Commendation, while our International Dance CCA earned a Certificate of Accomplishment at the SYF Arts Presentation 2024. Congratulations to our dedicated students whose hard work has truly paid off.

Aesthetics Moments (Music)

Springdalites were treated to an assembly performance by musicians from *Green Drumming*, the first recycled drumming group in Singapore. Students were inspired by how music can be made from everyday items.



Springdalites invited on stage to experience green drumming.

In addition to the joy of making music, playing rhythms on recycled drums also sparks important conversations about environmental sustainability for our Springdalites.



More green drumming during recess time.

Launch of Health Week

The launch of Health Week has sparked a surge of excitement and motivation among students. This year, Health Week focuses on reducing sugar intake.



Superhero SPARK and PE teachers dancing to the campaign song.



The Health Week launch brought an exciting highlight: the appearance of SPARK, a Superhero Promoting Activity, Resilience, and Knowledge. SPARK encouraged students to make healthier choices and take charge of their weight and health. With SPARK's help and learning activities during Health Week, Springdalites are motivated to adopt healthier habits.

Primary 1 Learning Journey to One Punggol

Our Primary 1 students visited One Punggol this term to identify important places in their neighborhood.



They were guided to observe their surroundings and participate in group discussions to describe what they saw and share their thoughts with others. This helped foster a sense of belonging and care for their community.



Engaging in a craft activity at One Punggol CC.



Exploring the facilities at Punggol Regional Library.

Springdale Parent Volunteer Club (SPVC)

The SPVC celebrated Hari Raya in style this year. The parent volunteers (PVs) indulged in a day filled with exciting quizzes, mind-bending puzzles, delicious food and fantastic company. By celebrating this occasion as one, we honour the diverse backgrounds and traditions that make our community so wonderfully unique. Here's to more celebrations that embrace and enrich our shared experiences!



Thank you to all parents who made this celebration a memorable one!