

**Panel Session  
For  
P6 Parents  
30th May 2025**



# Overview

- Sharing on PSLE Score and Secondary One Posting
- Sharing by HOD/Math on Term 3 and Term 4 Plans for core subjects
- Sharing by Lead Teacher/ Education Support on Study Tips and Time Management
- Sharing by School Counsellor on Stress Management
- Sharing by Mdm Dephanie Wee (Parent Volunteer)
- Question and Answer Session

# **Sharing on PSLE Score & Choosing of Secondary Schools**

# WHAT ARE ACHIEVEMENT LEVELs (AL)?

## WHY ARE THE BANDS UNEVEN?

Students with similar scores in each subject are grouped into scoring bands measured in 8 ALs.

AL bands and mark ranges are set based on the learning objectives of the curriculum, and mirror the way we learn.

When we learn something new, after some initial practice, we often find ourselves improving significantly.

As we get better, the improvements become small steps, and finally, as we reach a high level, we inch just a little further, even after much learning and practice.


The ALs were designed to reflect this reality of learning. They help educators, students, and parents know how ready students are to access the curriculum at the next level.

AL	RAW MARK RANGE
1	$\geq 90$
2	85 – 89
3	80 – 84
4	75 – 79
5	65 – 74
6	45 – 64
7	20 – 44
8	$< 20$



# HOW DOES THE PSLE SCORING SYSTEM WORK?

- The overall PSLE Score is made up of 4 subject Achievement Levels (ALs).
- The PSLE Score can range from 4 to 32, with 4 being the best.



Elena PSLE Score 14	
PSLE Subject	AL Score
English	2
Math	2
Foundation Science	AL A = 6
Mother Tongue Language	4



# GRADING OF FOUNDATION SUBJECT GRADES

FOUNDATION LEVEL AL	FOUNDATION RAW MARK RANGE	EQUIVALENT STANDARD LEVEL AL
A	75 – 100	6
B	30 – 74	7
C	< 30	8

- Foundation subject grades are graded in scoring bands from **AL A to C**.
- To derive a student's overall PSLE Score for S1 Posting, AL A to AL C for Foundation level subjects are **mapped to AL 6 to AL 8 of Standard level subjects respectively**.
- This mapping is based on the learning and assessment load of the subjects, and informs students of how ready they are for the curriculum in secondary school.

# HOW DOES THE S1 POSTING WORK?

- Your child has **six choices** in selecting their secondary schools.
- Your child will be posted to a secondary school based on academic merit, i.e., PSLE Score, and their choice order of schools.
- If two or more students with the same PSLE Score vie for the last remaining place(s) in a school, the following tie-breakers are used in the following order:
  1. **CITIZENSHIP**
  2. **CHOICE ORDER OF SCHOOLS**
  3. **COMPUTERISED BALLOTING**



# FULL SBB: S1 POSTING

## Three Posting Groups to ensure schools are accessible to diverse learners

From the 2024 S1 cohort, MOE will facilitate the admission of P6 students into S1 through 3 Posting Groups: **Posting Group 1, 2 and 3.**

Objective: Ensures that schools continue to admit a **diverse profile of students** and students have **access to a wide range of schools.**

**Unlike the academic streams of Express, N(A) and N(T), Posting Groups will only be used for the purposes of facilitating entry into secondary school and to guide the subject levels students offer at the start of S1.**

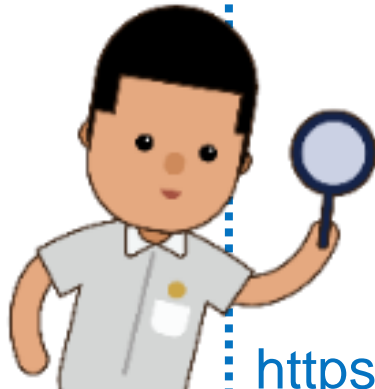


- Posting Groups assigned based on PSLE Scores, mapped from the previous PSLE Score ranges for Express, N(A) and N(T) streams.
- PSLE Scores provide a good gauge of the subject levels that students can offer at the beginning of S1.

PSLE Score	Posting Group	Subject level for most subjects
4 – 20	3	G3
21 and 22	2 or 3	G2 or G3
23 and 24	2	G2
25	1 or 2	G1 or G2
26 – 30 (with AL 7 in EL and MA)	1	G1



# PSLE SCORE RANGES FOR ALL SECONDARY SCHOOLS

- Use the PSLE Score ranges as a reference alongside other important factors, such as the school's distinctive programmes, Co-Curricular Activities (CCA), culture, ethos, and proximity to home when shortlisting school choices that would best fit a student's educational needs.
- The PSLE Score ranges for individual secondary schools will be available for your reference on <https://moe.gov.sg/schoolfinder> and <https://go.gov.sg/exploreschools>. They reflect the PSLE scores of the students posted into these schools at the previous year's S1 Posting Exercise.
- A school's PSLE Score range (including Cut-Off-Point) for a particular year is not pre-determined before the posting, and vary from year to year, depending on the cohort's PSLE results and their school choices in that year's S1 Posting Exercise.

SchoolFinder Tool	MySkillsFuture Student Portal (Primary)
  <a href="https://www.moe.gov.sg/schoolfinder">https://www.moe.gov.sg/schoolfinder</a>	 <a href="https://go.gov.sg/exploreschools">https://go.gov.sg/exploreschools</a>

# Academic Support for P6



# Partial Practice

**Objective:** To focus on targeted areas of weakness and strengthen student skills gradually.

- ❖ **What We're Doing:**

Partial practice involves focusing on specific skills or content areas that students find challenging, breaking them down into manageable portions for more focused practice.

- **How It Supports Students:**

By isolating specific skills and practicing them in smaller chunks, students can develop mastery in one area before moving on to the next. This targeted approach ensures that students are not overwhelmed and allows for better retention of key concepts.



# Timed Practice

**Objective:** To prepare students for the timing and pressure of exams.

- **What We're Doing:**

We are incorporating timed practice session for each subject. This allows students to practise completing tasks or tests within a set time limit, simulating the exam environment..

- **How It Supports Students:**

Timed practice allows students to become more comfortable with the structure of their exams. It helps them learn how to allocate time to different sections, manage their pace, and stay calm under pressure..

# **AChieving Excellence (ACE) Programme (for Identified students)**

**Objective:** to address gaps in knowledge and skills, particularly in areas where students are struggling. By offering such support, the programme ensures that students receive the attention they need to grasp essential concepts and improve their understanding.

## **What We're Doing:**

Our programme includes after-school or holiday sessions

- ❖ Provides targeted help on topics/concepts/skills that need reinforcement or remediation
- ❖ Reduces anxiety and builds confidence

# Focus Areas (Mathematics)

## Building a Strong Foundation in Math Concepts

- ❖ Reinforcing mastery of the basic concepts for all topics.
- ❖ A strong grasp of the basics helps students to :
  - ❑ Think more critically and analytically.
  - ❑ Make connections between different math concepts.
  - ❑ Reduce cognitive load—less energy spent recalling methods means more focus on solving the problem.
  - ❑ Apply what they know in different contexts with greater confidence





# Focus Areas (Mathematics)

## Developing Mathematical Language

Many students struggle with word problems because they:

- ❑ Don't fully understand the language used in math questions.
- ❑ See information in silos, instead of making connections between ideas.

This supports important skills such as:

- ❑ Critical thinking
- ❑ Communication
- ❑ Understanding complex information



# Focus Areas (Mathematics)

## Strengthening Problem-Solving and Reasoning Skills

We are helping students become better problem solvers by focusing on the following:

Encouraging students to:

- Explore multiple methods and strategies to find solutions.
- Think critically and flexibly when approaching unfamiliar problems
- Be open to trying again when their first solution doesn't work



# Focus Areas (English)

## Comprehension Skills

- Text types and structures
- Question types
- Vocabulary in context

## Strategies

- Identify main ideas / details
- Use textual evidence and clues
- Frame open ended questions
- Paraphrase using own words and sentence starters





# Focus Areas (English)

## Grammar

- Sentence structure
- Grammar rules

## Strategies

- Identify parts of a sentence
- Practise through cloze and sentence transformation



# Focus Areas (English)

## Oracy (Stimulus Based Conversation)

- Stimulus interpretation
- Audience and purpose awareness

## Strategies

- Use OREO to frame ideas
  - O – State opinion
  - R – Reason
  - E – Experience
  - O – Restate opinion
- Use sentence starters
- Practise self-assessment

## Focus Areas (Science)

### Strengthening Scientific Understanding and Factual fluency

To support your child's success in Science, especially as they prepare for the PSLE, we are focusing on:

- ❖ Reinforcing factual fluency across key Science themes: Cycles, Systems, Interactions, Energy, Interactions within the Environment
- ❖ Helping students to:
  - Recall facts accurately
  - Apply scientific knowledge confidently and precisely
    - Build a strong foundation for higher-order thinking and problem solving



# Focus Areas (Science)

## Applying Concepts to Question Contexts

In Primary 6, students are expected to apply their learning in varied contexts. We support this by:

- Teaching students to:
  - Identify the scientific concept being tested in each question.
  - Link the concept to what they have previously learned.
  - Make meaningful connections between ideas and real-world applications.
- Guiding them to:
  - Navigate unfamiliar question scenarios.
  - Answer questions thoughtfully, clearly, and effectively



# Focus Areas (Science)

## Mastering Answering Techniques for Open-Ended Questions

To help students succeed in open-ended Science questions, we are focusing on:

- ❖ Developing critical thinking and the ability to explain ideas clearly.
- ❖ Teaching key answering strategies, such as:
  - ❑ Identifying the scientific concept involved in the question.
  - ❑ Using data or observations from the question as supporting evidence.
  - ❑ Constructing well-structured responses that show clear reasoning.
- ❖ Helping students:
  - ❑ Communicate their understanding accurately and confidently.
  - ❑ Tackle open-ended questions with a logical, step-by-step approach.



# Focus Areas (Mother Tongue Languages)

## Strengthening Language Proficiency through Core Skills

### Comprehension Skills

- ❖ What it is: Helping students understand what they read or watch.
- ❖ What we focus on:
  - ☐ Understanding the *main idea* and *details* in texts
  - ☐ Recognising different question types (e.g., factual, inferential, opinion-based)
  - ☐ Framing clear responses, especially for *open-ended* questions
- ❖ Why it matters: Builds thinking and interpretation skills that support all subjects.

# Focus Area (Mother Tongue Languages)

## Strengthening Language Proficiency through Core Skills

### Grammar Skills

- ❖ What it is: Applying correct language rules when speaking and writing
- ❖ What we focus on:
  - Sentence structure
  - Word forms (verbs, nouns, adjectives, etc.)
  - Grammar rules for tenses, subject-verb agreement, etc.
- ❖ Why it matters: Helps students express themselves accurately and confidently.



# Focus Area (Mother Tongue Languages)

## Building Confident Speakers

### Oracy (Speaking Skills)

- ❖ What it is: Developing students into effective communicators
- ❖ How it's taught:
  - ☐ Based on stimulus videos – real-life situations or familiar topics
  - ☐ Students practise expressing their thoughts, feelings, and opinions
  - ☐ Focus on clarity, confidence, and relevance of responses
- ❖ Why it matters:
  - ☐ Encourages active listening and speaking in conversations
  - ☐ Builds confidence in real-world communication
  - ☐ Prepares students for oral exams and day-to-day interactions

TOGETHER

WE CAN MAKE A

DIFFERENCE

# **Sharing on Study Skills & Time Management**

# Raising Confident Learners: Practical Strategies Every Parent Should Know

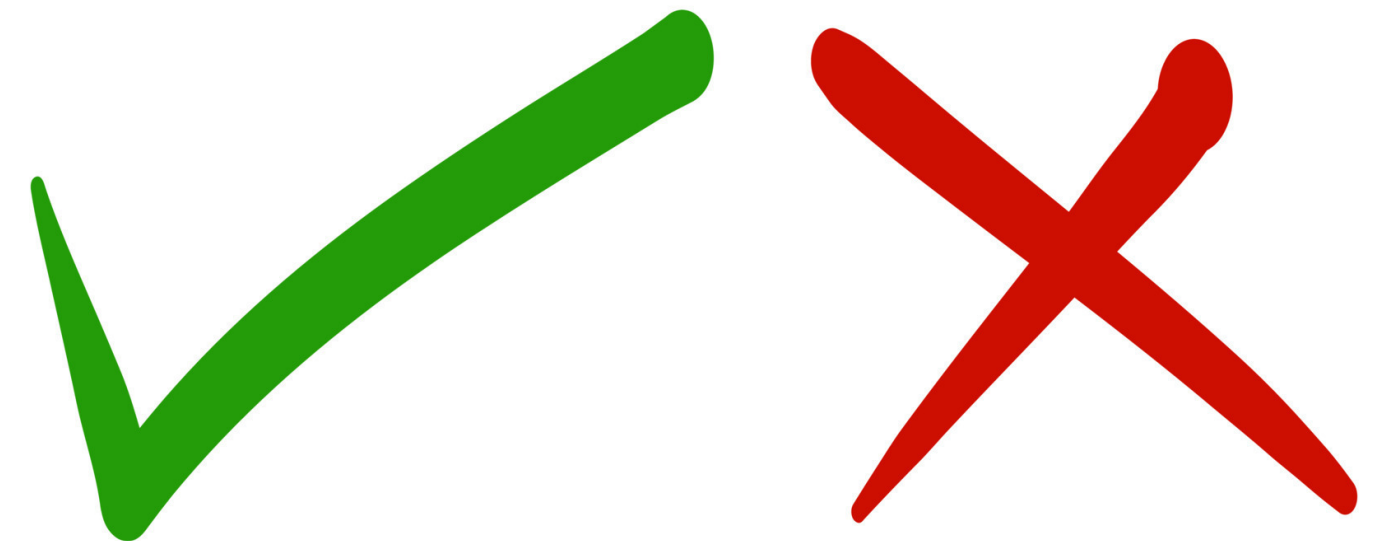


**Ghazali B Md Ibrahim**  
**Lead Teacher**  
**Educational Support**



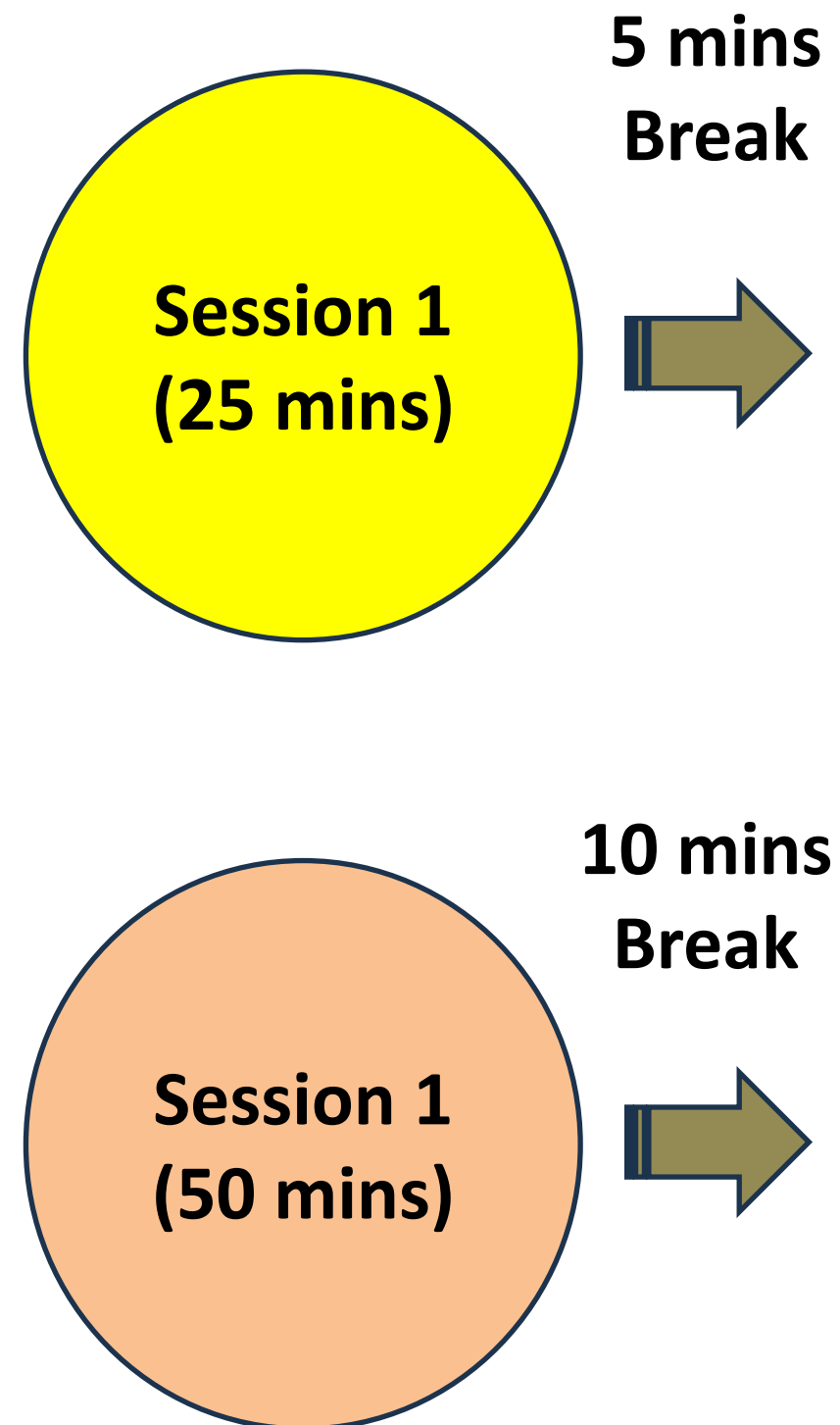
## Step 1: Identify Topics

- . Make a list for each subject
- . Identify topics of strength and weaknesses
- . Prioritise important topics.



## Step 2: Determine Study Sessions

1 Study session should be **25–50** minutes long.





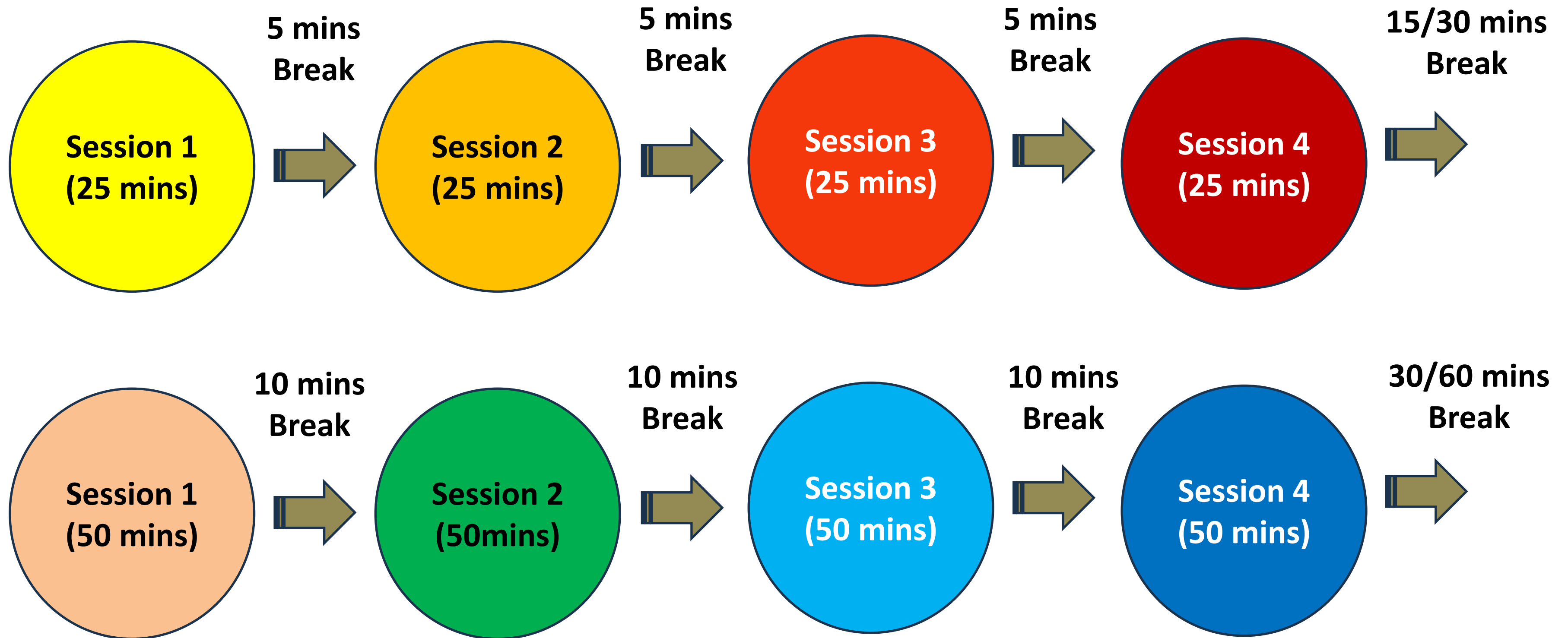
## Step 2: Determine Study Sessions (Spaced Practice)





## Step 2: Determine Study Sessions

Study sessions should be **25–50** minutes long.



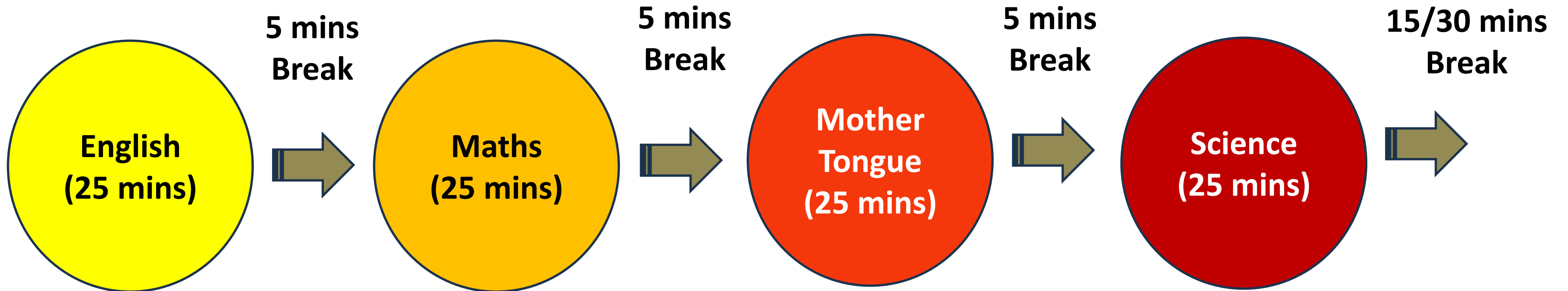
## Step 3: Introduce Interleaving



- Driving
- Braking
- Merging



## Step 3: Introduce Interleaving

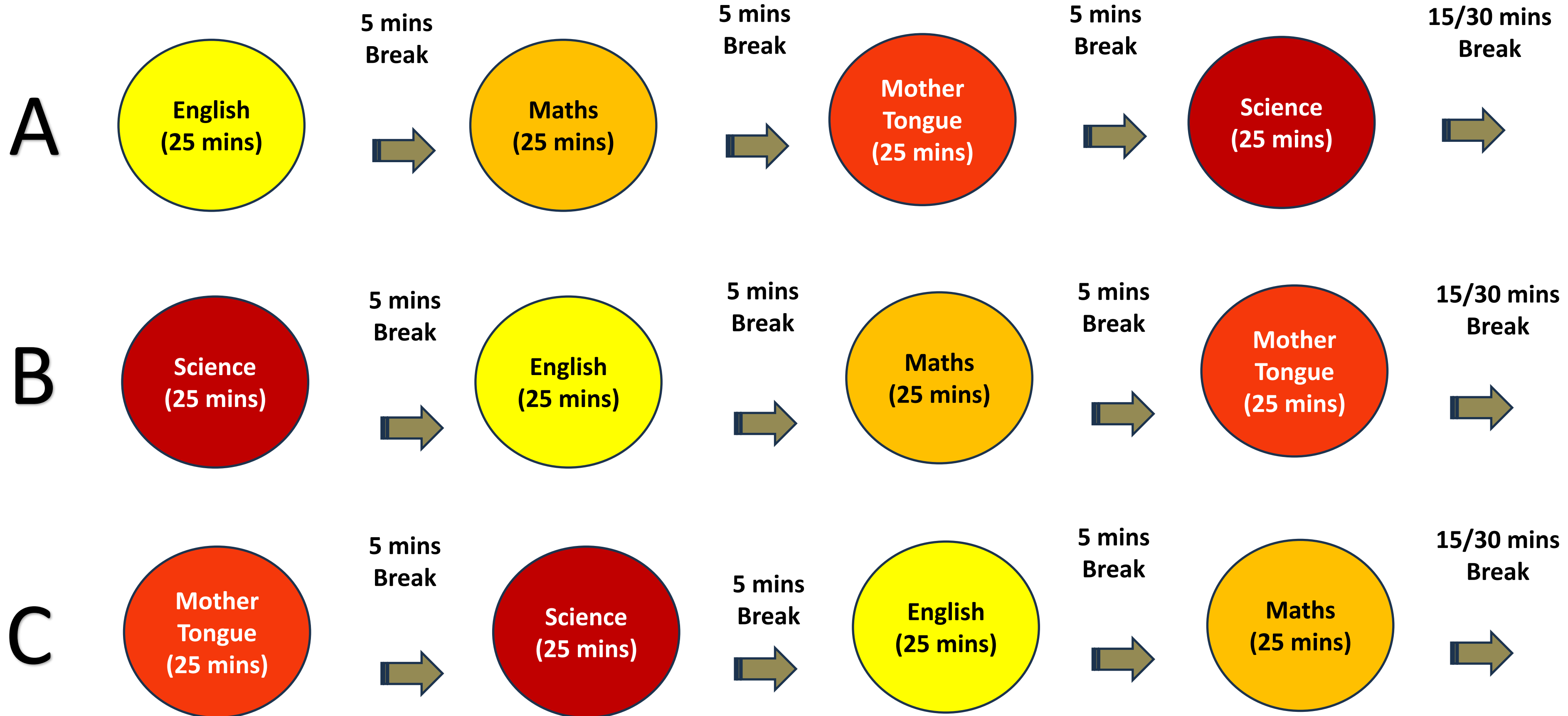


## Step 4: Integrate Retrieval Practice



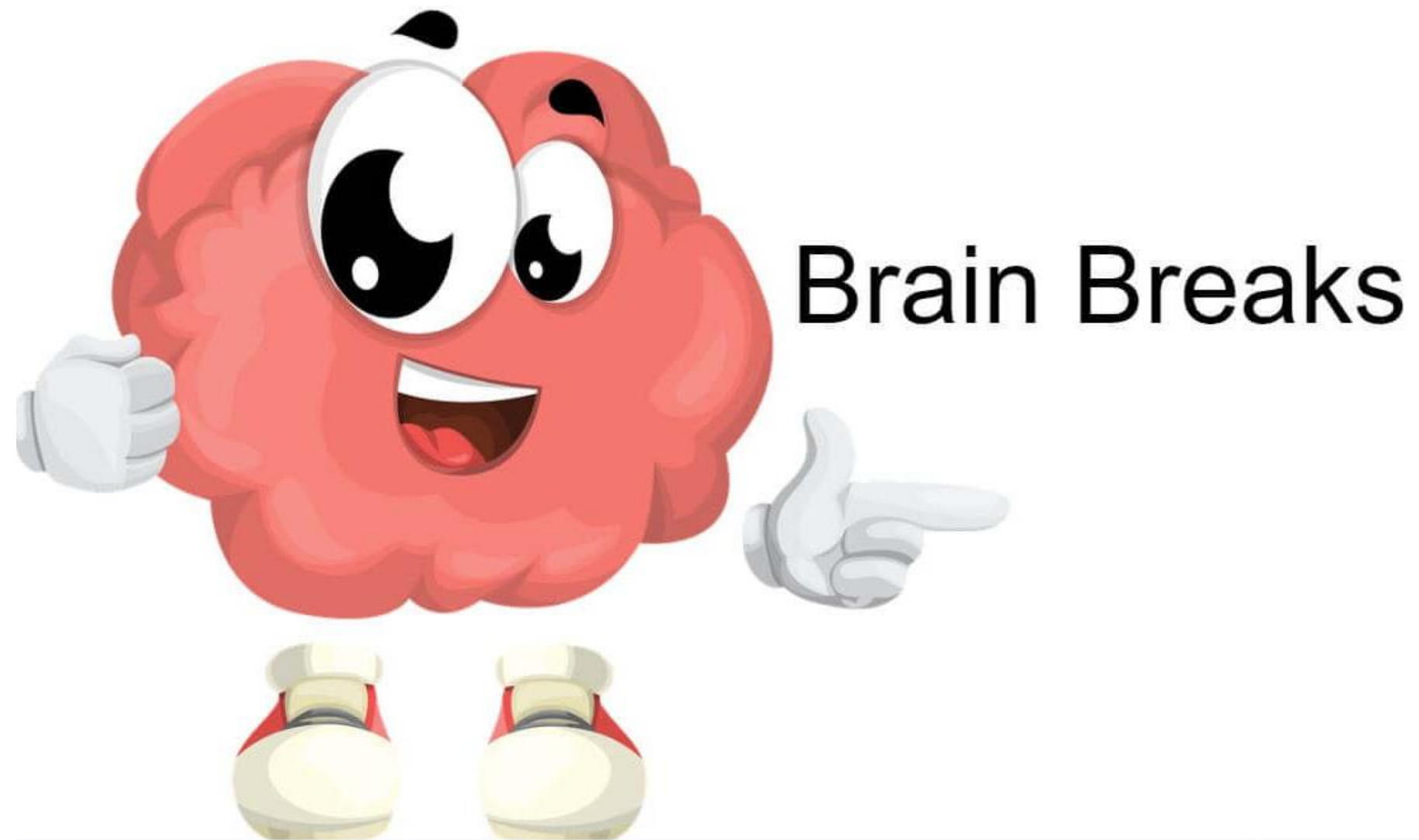
"When you cook without the recipe, your brain works harder—but next time, it remembers better."

## Step 4: Integrate Retrieval Practice





# Step 5: Include Break Time



- Improves Focus
- Boosts Memory
- Reduces Stress and Frustration
- Creativity
- Prevents Mental Fatigue

# **Sharing on Stress Management**





PSLE

## Support Your Child in Managing Exam Stress

### Understand

- **Definition:** Exam stress arises from academic pressure.
- **Signs of Unhealthy Stress:** Watch for behavioral and mood changes.
- **Importance of Awareness:** Early recognition aids in providing effective support.

### Why Now?

- The PSLE lays the foundation for future education paths.
- Early exam experiences shape children's handling of stress.

### Support

- **Listening** to your child's concerns and feelings is vital.
- Provide **encouragement** to build confidence during study sessions.
- Help them **keep perspective** on exams as just one part of life.



### Stress-Reduction Tips

#### Breaks

Encourage **regular breaks** to help your child rest and recharge during study sessions.



#### Sleep

Ensure your child gets **adequate sleep** each night to improve focus and retention.



#### Nutrition

Provide healthy snacks and meals, as **good nutrition** supports brain function and energy levels.



### Key Takeaway

- Encourage open communication about feelings
- Establish a structured study schedule
- Promote healthy sleep and nutrition habits
- Celebrate small achievements to boost confidence

### Resources

- Website: <https://www.moe.gov.sg/parentkit>
- Social Media:



- School Counsellor:  
Ms Hngoi Zi Xin  
[hngoi\\_zi\\_xin@moe.edu.sg](mailto:hngoi_zi_xin@moe.edu.sg)

# **Sharing by Mdm Dephanie Wee (PV) on Home Support**

## Our PSLE Journey

- Parent of two teens (15 and 17)
- Been through PSLE twice  
(Old system in 2020 and new system in 2022)
- Sharing what helped our family

# Seven Things that Helped Us



Routine



Study Space



Working with Teachers



Support at Home



Breaks



Screen Time



Wellness

1

## Routine – Creating Stability






- Simple daily routine
- Homework before dinner
- Plan ahead on study schedule
- Music & fun included 🎵
- Bedtime talks
- Still using a similar routine today

## Study Space – Supporting Focus

- Dedicated study area 🧑🏫 🧑🏫
- No TV or screen distractions 🚫 📺
- Helped them get into focus mode 🎯
- Separate work from leisure to build focus habits 🔄



## Working with Teachers – A Team Effort

- Acted on teachers' feedback and advice 
- Attended PTCs to understand needs and progress 
- Worked together to support from both home and school 

## Support at Home - Staying involved

- **Emotional support**

- Daily check-ins
- Encouraged interests (e.g. music)
- Praised efforts, not just results

- **Academic support**

- Guidance and resources
- Prelim papers for practice

- Presence matters - not subject expertise



## Breaks – Helping Them Re-set



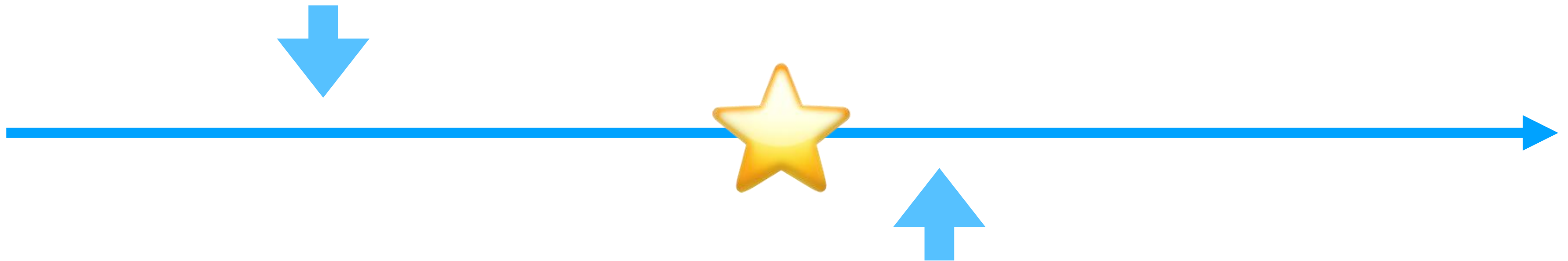
- Breaks are important
- Physical activities at home during covid
- Reading, watching movies together
- Separate computer for game time (away from study area)
- Recharge and prevent burnout

6

## Screen Time – Setting Boundaries




- No personal devices
- Shared devices, for school

PSLE



- Mobile phones given
- Screen time limits set (phones and PLD)

## Wellness – Their Foundation

- Focused areas
  -  Sleep (9-10 hours)
  -  Nutritious meals (proteins, fibre, carbs)
  -  Exercise (physical activities)
- A healthy body supports learning, staying focus

# A Balanced Message to End



- Every child is different - adapt support to their needs
- Balance: work hard, rest well, keep joy
- Set routines - consistency builds good habits
- Encourage without pressure - keep energy positive

**Love + Attention + Structure = Confidence**



Thank you



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